

Hosted by the Waynesboro Senior Advocacy Commission



3rd Annual  
**Waynesboro  
Senior Forum**

**Monday, August 29<sup>th</sup> 5:00-7:00 pm**

**Waynesboro First Baptist Church**

Fellowship Hall ~ 301 South Wayne Avenue

**Free Event! Door Prizes! Free Refreshments!**



**Plus, visit the  
Information Fair  
with over 16 local  
service providers!**

## Expert Guest Speakers

**Cpl. Derek Almarode with the Augusta County Sheriff's Office**

- Scams targeting seniors in OUR area
- How to avoid becoming a victim of financial or physical abuse

**Attorney Doris Gelbman**

- Who should you appoint to make financial decisions for you?
  - What is a Financial Power of Attorney? (POA)

**John Yang, M.D. with Augusta Health Cardiology**

- Latest treatments for heart conditions
- Differences between heart attack symptoms in men and women

**Christina Kunkle, R.N. & Certified Life and Wellness Coach**

- Volunteer to thrive! Stay inspired by sharing your time and talents

*Thank You to Our Generous Sponsors!*

